

# Mechel Henry, M.D.

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## Physiatry & Medical-Legal Consulting



***Dr. Mechel Henry is a Board Certified Physiatrist and Medical-Legal Consultant with knowledge in multiple specialties, including rehabilitation, pain management, sports medicine, brain and spinal cord injuries.***

### **Mission**

Dr. Henry's mission is to empower people through medical knowledge. She provides a compassionate analysis of complex medical problems to encourage healing and to reinstate dignity.

### **Rehabilitation from Injuries and Disease**

Physiatry (pronounced fizz-i-a-tree) is the field of medicine concerned with a person's ability to perform everyday activities, such as walking, working, speaking, dressing, and more complex actions like playing sports, following injury or disease. Dr. Henry's diagnosis, treatment, and analysis is aimed at returning patients to as normal a condition as possible.

### **Performing Careful Diagnosis, Treatment, and Analysis**

Dr. Henry's expanse of services include [Rehabilitation & Sports Medicine](#), [Medical-Legal Consulting](#), [Electromyography Diagnostic Testing](#), and [Treatment for Cervical Dystonia](#).

Dr. Henry practices Rehabilitation and Sports Medicine at Kentfield Rehabilitation & Specialty Hospital. She also has an outpatient practice in El Cerrito and Sacramento, California.

### **Avon Walk for Breast Cancer**

[Pledge your support](#) as Dr. Henry walks 39 miles across the magnificent hills of San Francisco on July 12 - 13, 2008 to fund a cure for breast cancer.

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